

Department of Electronics and Telecommunication Engineering
FDPs organized, Academic Year-July 2022-June 2023

	Date	Event details	Resource Person	Coordinators
1	7-12 November 2022	One week FDP on Universal Human Values in association with Dept. of Maths	Sreelatha Sheshadri, Heartfulness Trainer, Parthasarathi Narasimhan, Lead Architect, Wipro	Dr. Rajeshwari Hegde
2	15-19 May 2023	One week FDP on Conservation of Humanity-Upholding the Universal Human Values	Mrs, Madhu Jagadeesh, Visiting faculty, MIT World Peace University, Pune	Dr. Rajeshwari Hegde, Dr. K Balachandra,

Name of the event:	One Week Faculty Development Programme on “Universal Human Values”
Date:	7/11/2022 to 12/11/2022
Time:	10.00 am to 4.00pm
Venue:	B.M.S. College of Engineering
Total Number of participants:	44

Objective:

- Self-exploration about themselves, family, society and nature.
- Understanding of harmony in human beings, family, society and nature.
- Exposure to a holistic vision of life

FDP was inaugurated with welcome address by Vice Principal Academics Dr. K.R. Suresh Reddy at 3:00 PM in ISE seminar hall. Dr. H.Y. Shrivalli introduced speaker for the day - Srilata Sheshadri. Srilata Sheshadri is a certified Heartfulness Trainer imparting Relaxation and Meditation techniques offered by the Heartfulness Institute. Concept for the day was Human values for self-Excellence. Values of human integration, compassion, universal love and brotherhood were discussed. Many activities were conducted related to the subject. Faculties who participated in FDP posed many questions related to the topic. Measures were discussed. Session ended with relaxation and meditation for ten minutes. Vote of thanks for the day was given by Dr. Chaitra V. from Mathematics department.

Dr. Sujatha N. introduced speaker for the day - Parthasarathy Narasimhan, a Lead Architect with a global multinational organization. Concept for the day was integrating human values into life- significant spiritual values. Topics discussed were health, harmony with nature, truth, compassion, principles of communication. There were many activities conducted. Few videos related to the topics were played. Yoga poses Vrikhasana and Tadasana were practiced. Definition of peace was explained. Session ended with relaxation and meditation for ten minutes. Vote of thanks for the day was given by Dr. Arathi R. Shankar from Electronics department.

Speaker for the day was Srilata Sheshadri. Topic for the day was Self-transformation.

Topics discussed were discover the personality, heart based living, healthy life style, peak performance, mapping core values with sustainable goals. Speaker shared many life experiences to explain the concepts. There were many individual activities. Few videos related to the topics were played. Participants shared their experiences and their life lesson became life lessons for other participants. Session ended with relaxation and

meditation for ten minutes. Vote of thanks for the day was given by Dr.Sujatha N. from Mathematics Department.

From 7th November 2022 to 12th November 2022, a Faculty Development Program (FDP) on Universal Human Values was conducted at the ISE seminar hall. The program aimed to enhance the personal and professional growth of the participating faculties by focusing on the importance of human values in life.

The FDP was inaugurated by the Vice Principal Academics, Dr. K.R. Suresh Reddy, who welcomed the participants. Dr. H.Y. Shrivalli introduced the speaker for the day, Srilata Sheshadri, a certified Heartfulness Trainer who provided relaxation and meditation techniques offered by the Heartfulness Institute. The theme for the day was "Human Values for Self-Excellence," and the discussion focused on the values of human integration, compassion, universal love, and brotherhood.

Throughout the day, various activities related to the topic were conducted, and the participating faculties posed several questions related to the topic. Measures were also discussed, and the session ended with a ten-minute relaxation and meditation exercise. Dr. Chaitra V from the Mathematics department gave the vote of thanks.

On another day of the FDP, Dr. Sujatha N. introduced the speaker, Parthasarathy Narasimhan, a Lead Architect with a global multinational organization. The concept for the day was "Integrating Human Values into Life - Significant Spiritual Values." The discussion focused on health, harmony with nature, truth, compassion, and the principles of communication. Various activities were conducted, and a few videos related to the topics were played. Yoga poses Vrikshasana and Tadasana were practiced, and the definition of peace was explained. The session ended with a ten-minute relaxation and meditation exercise, and Dr. Arathi R. Shankar from the Electronics department gave the vote of thanks.

On the third day of the FDP, Srilata Sheshadri was the speaker, and the topic for the day was "Self-Transformation." The discussion focused on discovering one's personality, heart-based living, a healthy lifestyle, peak performance, and mapping core values with sustainable goals. The speaker shared many life experiences to explain the concepts, and several individual activities were conducted. A few videos related to the topics were played, and the participating faculties shared their experiences. Their life lessons became life lessons for other participants. The session ended with a ten-minute relaxation and meditation exercise, and Dr H. Y. Shrivalli. from the Mathematics department gave the vote of thanks.

Overall, the FDP was informative and inspiring, and the participating faculties gained valuable insights into the importance of universal human values in their personal and professional lives.

OUTCOMES:

Human values for self-excellence: Human values are the guiding principles and beliefs that govern our actions and behavior. They are fundamental to personal growth and self-excellence. Human values such as integrity, honesty, compassion, respect, empathy, and resilience contribute to our character development and help us lead a meaningful and fulfilling life. Practicing human values in our daily lives can lead to self-improvement, positive relationships, and overall well-being.



Coordinators:

1. Dr Rajeshwari Hegde, Department of ETE
2. Dr H.Y. Shrivalli, Department of Mathematics
3. Dr Sujatha N., Department of Mathematics
4. Dr Chaitra V., Department of Mathematics

Name of the event:	One Week Faculty Development Programme on “Conservation of Humanity-Upholding the Universal Human Values”
Date:	15 /5/2023 to 19/5/2023
Time:	10.00 am to 4.00pm
Venue:	B.M.S. College of Engineering
Total Number of participants:	12

Details of speakers:

Name: Madhu Jagadish, Visiting Professor, MIT World Peace University, Pune, Dr. Rajeshwari Hegde, Professor, Dept. of ETE, BMSCE
Department: Electronics and Telecommunication Engineering

Summary of the event

The faculty development program on “Conservation of Humanity-Upholding the Universal Human Values” was organized by the department of ETE from 15th-19th May 2023.

Day 1: The topic on “Discovering Self, Accessing our Infinite Potential for Excellence” was covered with group activities. She mentioned that accessing our infinite potential for excellence often involves self-discovery, growth, and cultivating various aspects of ourselves. We must begin our day by reflecting on our strengths, weaknesses, values, and aspirations. Self-awareness is crucial in understanding where we stand and where we want to go. The session concluded with a group activities to harness our infinite potential and use it for self-excellence

Day 2: Day 2’s topics covered Power of Thought, Sub Conscious Mind, Attention Economy. Attention is considered a valuable currency in the modern economy. Companies, advertisers, content creators, and individuals compete for people's attention because it translates into engagement, brand loyalty, and potential revenue. With the proliferation of smartphones, social media, streaming services, and other online platforms, there's an overwhelming amount of content available. This abundance often leads to shorter attention spans and a constant battle for capturing and retaining audience attention. The session concluded with group activities and short videos on attention economy.

Day 3: Day 3 sessions covered “Social Dilemma Trailer, The center for Humane Technology, Spiritual Laws of Success”. The speaker started with a session on Spiritual laws of success by Deepak Chopra. Deepak Chopra's "The Seven Spiritual Laws of Success" is a book that explores spiritual principles and their application in achieving success and fulfillment. These laws are not just about material success but also about finding inner peace, balance, and harmony in all aspects of life. They offer a holistic approach to success that integrates spiritual and personal growth with external achievements. Applying these principles can lead to a more fulfilling and meaningful existence.

Day 4: This session covered “Relation of Self and Others, Organizational Core Values, Evolution of Consciousness and Heart Intelligence. She discussed the ultimate goals of the intellectual development which include “truth and wisdom, Health and Relationship, Knowledge and Intelligence and Body & mind. She also advised the participants to read the book on “7 habits of highly effective people” by Stephen Covey.

Day 5: This session was handled by Dr. Rajeshwari Hegde. She highlighted the importance of Values and United Nations Sustainable Development Goals. She stressed on Relation of Core Values and how to map our core values to achieve UN SDGs. All the sessions ended with a short meditation.



Coordinators: Dr. Rajeshwari Hegde, Dr. Balachandra K