



B.M.S. COLLEGE OF ENGINEERING, BENGALURU
Autonomous Institute, Affiliated to VTU
Department of Chemical Engineering

**Expert Lecture Series-105: Talk on Communication Skills & Time
Management October 2023**

1. **Name of the Department:** Chemical Engineering
2. **Name of the Activity:** Expert Lecture Series
3. **Objectives:**
 - a. To motivate the students and improve the students communication
 - b. To improvise the time management
4. **Date:** 17-10-2023
5. **Time:** 10.00 am to 11.00 am
6. **Venue:** PG Block, 1st Floor, FDC Hall, MCA Department, BMSCE, Bengaluru

7. Brief summary of the Programme:

Mr. Prakash Rambhat Thalya, personality development coach and mentor from PRT Coaching & Consultancy Services was invited to give an expert talk on Communication skills & Time management as a part of the Expert Lecture Series organized by the student chapter of IChE, BMSCE. The primary objective of the talk was to educate the attendees about the importance of effective communication and efficient time management in personal and professional domains. The event aimed to equip participants with practical strategies to enhance their communication skills and optimize their time to achieve greater productivity.

Mr. Prakash delved into the fundamental aspects of communication skills, highlighting the importance of effective verbal and non-verbal communication, active listening, empathy, and conflict resolution. Practical tips to improve one's efficiency by inculcating some of the techniques like the POMODORO technique, time blocking, prioritizing the activities, and many more were emphasized.



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The "*Communication Skills and Time Management*" talk event was deemed a success, with attendees expressing gratitude for the insightful presentations and actionable strategies provided. The event played a vital role in helping participants enhance their communication skills and optimize their time for increased productivity and efficiency.

Ms.Swathi M. Wadavi, 4th year, Department of Chemical Engineering gave the welcome speech and introduced the resource person. The vote of thanks was proposed by Ms.Vaishnavi Sudarsan Perumbully, 4th year, Department of Chemical Engineering.

8. Number of participants: 82

SI No	Name of the Participant	SI No	Name of the Participant
1	Aayushi Kumari	42	P. Nishankumar
2	Anirudha Pai H N	43	Shivashankar
3	Arun H S	44	Harshit Raj
4	Bahubali Shirol	45	Abhishek Lodhi
5	Bhoomika Chegu Vinay	46	Sanketh
6	Chaitanya V	47	Sumedh A J
7	Chinamye P. B	48	Deeksha S
8	Dhanush H	49	Rishi Ratna
9	Kishore	50	Dhananjay Singh Rajpurohit
10	Malhaar Koparkar	51	Shaun Len Dsouza
11	Ojaswini A Sastry	52	Hardik Gupta
12	Prakyath T P	53	Tisha Shrestha
13	Pranav Gopalakrishnan	54	Smriti Vittal
14	Prathyusha N D	55	Dharitri C V
15	Rakshita Gehlot	56	Aryan Chauhan
16	Rao Jaganmaya Jayaprakash	57	Pallavi S
17	S Kathir Shankar	58	Girish U Prabhu
18	Shrimoyee Ghosh	59	Tejashwini S
19	Smruthi N. Rao	60	Umang Sultania
20	Sneha Suresh Kumar	61	Lisha Prakash
21	Srujan Srinivas	62	Tanisha Mohanty
22	Swathi M. Wadavi	63	Lipika V
23	Vaishnavi Sudarsan Perumbully	64	Poorvi H L
24	Varsha Relekar	65	Prerana Hanur
25	Venu Gopal Gowda B. M.	66	Sreelekha D C



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Autonomous Institute, Affiliated to VTU

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26	Reisha Cheryl Dsouza	67	Ritika Roy
27	Naveen Kumar J	68	Shamitha Dinesh
28	Sumanta	69	Chandana Siri V
29	Shiwanshika Maurya	70	Prakruthi R
30	Harsh Raj	71	Vaishnavi S
31	Mayank Khatri	72	Dhatri S P
32	Chethan D	73	Chandana Naik
33	Skanda Aithal	74	Kavya Mashanavar
34	Prajwal S	75	Poorvika Savalagi
35	Rohit Sharma	76	Gayatri K
36	Yash Payal	77	D. D. Dharshana
37	Harshwardhan	78	S. Santhiya
38	Nikhil Kumar Singh	79	R. Amritha
39	Partha S	80	K.R. Yadava Priyan
40	Midhush M	81	I. Md. Farhan
41	Shaik Farqalit Anzar	82	Aboobaker Ansaf

9. Banner (if Any)



B.M.S. College of Engineering, Bengaluru

IIChe STUDENT CHAPTER
Department of Chemical
Engineering

cordially invites you to the

**Expert Lecture Series 105 on Communication Skills and Time
Management**

Guest Speaker
Mr. Prakash Rambhat Thalya
Executive Coach
PRT Coaching & Consultancy Services



Date: October 17, 2023 **Venue: FDC Hall**
Time: 10 AM **First floor, PG block**



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10. Photographs: (Only Geo Photo with Time and Place stamp)

